



Healdsburg Community Nursery Preschool in COVID-19

During COVID-19 we will do our best to adhere to the following guidelines. These have been developed in accordance with the California Department of Public health. The health of our staff, students and families is a top priority as well as providing a place for children to learn and grow together.

MASKS

- Preschoolers will wear a face covering while indoors. Wash your child's face covering daily and provide several extra masks to be stored in cubbies.
- Staff will wear masks while at school.

CLEANING AND HAND HYGIENE

- Staff will promote healthy hygiene practices. Hands will be washed with soap and water for at least 20 seconds.
- Preschoolers will perform hand hygiene upon entering the building, before and after eating, when changing from different stations or from inside to outside, and after sneezing or blowing their nose.
- Items from home will be limited to necessary items. No large backpacks; all children's items must be stored within their assigned cubby.
- Staff will perform frequent cleaning of high touch areas.
- Restrooms will be cleaned throughout the day.
- When possible, doors and access ways will be propped open to avoid high touch surfaces.
- The classroom and outside area will be sanitized at the end of every cohort. Outdoor equipment will be spray sanitized at the end of each day.
- Air purifiers will be placed indoors and windows will be left open as much as possible.
- Multiple toys will be accessible that are easy to clean and disinfect throughout the day. A container will be designated for toys that need to be cleaned, sanitized, or disinfected before being introduced back into the classroom environment.
- Toys that are difficult to clean (e.g. soft toys) will be removed from the classroom. Soft or porous materials will be removed from the classroom.

SYMPTOM CHECKS

- Parents will be required to complete a health screening questionnaire prior to admission at the beginning of the year and complete a quick checklist every morning before bringing your child to school.
- **Children should not come to school if they or a household member develop the following symptoms:**
 - Fever over 100F or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- **Staff and children will not come to school if someone in their household tests positive for COVID19 or has been in close contact (15 minutes or longer without a mask) with someone who has COVID 19.**
- Staff will take the temperature of each student as they arrive outside of the building using a no-touch thermometer. They will also do a visual wellness check. Each family will have their own clipboard and pen for sign in/out. If there is a family signing in before you please wait outside the gate and remain at least 6 ft. apart.
- Staff will check for signs and symptoms of illness throughout the day.
- Parents will need to be reachable throughout the day should children become ill as children will need to be picked up in a timely manner.
- If children become ill during the day they will be separated from the other children and discreetly cared for until picked up.



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DISTANCING

- Parents are not allowed to enter the school and must drop off their child at the entrance to the building. Please wear a mask upon arrival. Please ring the doorbell to contact staff if no one is out front - do not enter the building.
- Children will put their lunch, water bottles, and jackets in their own specific cubby.
- Designated staff will remain with the children throughout the day with the exception of breaks when they will be relieved by another staff member.
- Stable cohorts are limited to a max of 10 children each. Cohorts may not change day to day. There will not be any cross interaction between cohorts without social distancing.
- Students will play outdoors as much as possible.

COMMUNITY EDUCATION

- Signs will be posted at school to remind students/staff to wash hands, maintain social distancing, when to stay home, etc.
- Staff will be trained on COVID-19.
- Staff will educate students on the importance of good hand hygiene.

PROBABLE EXPOSURE

HCNS will document/track incidents of possible exposure and notify local health officials, staff, and families immediately of any possible case of COVID-19 while maintaining confidentiality as required by the Americans with Disabilities Act (ADA).

From the California Department of Public Health:

What measures should be taken when a student, teacher or staff member has symptoms, is a close contact of someone infected, or is diagnosed with COVID-19?

Student or Staff with:	ACTION	COMMUNICATION
COVID-19 Symptoms (e.g., fever, cough, loss of taste or smell, difficulty breathing)	<ol style="list-style-type: none"> 1. Send home. 2. Recommend testing (If positive, see #3, if negative, see #4). 3. School/classroom remains open. 	No action needed.
Close contact (†) with a confirmed COVID19 case	<ol style="list-style-type: none"> 1. Send home. 2. Quarantine for 14 days from last exposure. 3. Recommend testing (but will not shorten 14- day quarantine). 4. School/classroom remain open. 	Consider school community notification of a known contact.
Confirmed COVID-19 case infection	<ol style="list-style-type: none"> 1. Notify the local public health department. 2. Isolate case and exclude from school for 10 days from symptom onset or test date. 3. Identify contacts (†), quarantine & exclude exposed contacts (likely entire cohort) for 14 days after the last date the case was present at school while infectious. 4. Recommend testing of contacts, prioritize symptomatic contacts (but will not shorten 14- day quarantine). 5. Disinfection and cleaning of classroom and primary spaces where case spent significant time. 6. School remains open. 	School community notification of a known case.



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PROBABLE EXPOSURE (cont.)

Student or Staff with:	ACTION	COMMUNICATION
Tests negative after symptoms	1. May return to school 3 days after symptoms resolve.	Consider school community notification if prior awareness of testing.

Students and staff should have documentation from their doctor stating it is OK to return to preschool.

Sonoma County Dept of Public Health: 707-565-4400 – Need to follow prompt to infectious disease.

The collective effort and sacrifice of Sonoma county residents staying at home limited the spread of COVID-19. But community transmission of COVID-19 within Sonoma County continues, including transmission by individuals who are infected and contagious, but have no symptoms. Infected persons are contagious 48 hours before developing symptoms (“pre-symptomatic”), and many are contagious without ever developing symptoms (“asymptomatic”). Pre-symptomatic and asymptomatic people are likely unaware that they have COVID-19.

The availability of childcare/preschool is an important step in the resumption of activities. However, the decision by the Health Officer to allow childcare/preschool for all families at facilities that follow required safety rules, does not mean that attending childcare/preschool is free of risk. Enrolling a child in childcare/preschool could increase the risk of the child becoming infected with COVID-19. While the majority of children that become infected do well, there is still much more to learn about coronavirus in children. Parents and guardians may want to discuss these risks and their concerns with their pediatrician or other health care provider.

More information about COVID-19, and those at higher risk for serious illness is available on the Centers for Disease Control and Prevention website at <https://www.cdc.gov/coronavirus/2019-ncov/>.

I understand the risks associated with enrolling my child in childcare/preschool, and agree to assume the risks to my child and my household. I also agree to follow all safety guidelines that the childcare program/preschool imposes as a condition of enrolling my child. **I will not send my child to preschool if they or a household member develop symptoms of COVID-19 as described above.**

Sign _____

Date _____

SOURCES

COVID19 Update Guidance: Childcare Programs and Providers. July 17, 2020, California Department of Public Health.

COVID-19 and Reopening In-Person Learning Framework for K-12 Schools in California, 2020-2021 School Year. July 17, 2020, California Department of Public Health.

DIRECTIVE OF THE HEALTH OFFICER No. 2020-14b DIRECTIVE OF THE HEALTH OFFICER OF THE CITY AND COUNTY OF SAN FRANCISCO REGARDING REQUIRED BEST PRACTICES FOR CHILDCARE PROVIDERS. June 5, 2020, City and County of Department of Public Health San Francisco Health Officer Directive.

Guidance for Child Care Programs that Remain Open. Supplemental Guidance. Updated July 23, 2020, Center for Disease Control.